Mealtime Visual Schedule for Kids – Free Printable Cards

Print on A4 at 100%. Cut along the marks and use only the cards that fit your child.



Wash hands before eating



Dry hands



Sit at the table and eat



Drink water



Clear the plate



Mealtime is all done

pictofy

Adapt this sheet

pictofy.app/en/resources/mealtime-routine

Free for home and institutional use. Not for resale.